

2023-2024 FCA Uniform Policy

The dress code at FCA encourages an atmosphere of professionalism, discipline, and equity. While we understand that school standards may not be students' personal standards, we ask that all the FCA Family adhere to our guidelines regarding modesty whenever they are on school grounds or attending an FCA function.

Modesty & neatness are the guiding principles. With that in mind, FCA requires all clothing to be non-formfitting and to reach the top of the knee for both boys and girls. Therefore, all skirts, dresses, shorts (both uniform & practice-wear) and spectator-wear must reach the top of the knee. Pants that are too tight, too baggy, or too low-cut should not be worn. For example, jeggings-style or leggings-style pants, even though they are khaki, navy, or black in color, are not considered traditional uniform pants and are not acceptable. Likewise, not all uniform skirts are designed to reach the knee, and therefore are not acceptable for school. Polos & outerwear that are overly baggy are not neat in appearance and should not be worn. Similarly, uniform items that are faded or worn should be replaced.

FCA's official school uniform supplier is Global Schoolwear. All tops, dresses, outerwear, & Activity/PE uniforms MUST be purchased from Global Schoolwear and have the official FCA logo. *Additionally, chapel & Fine Arts uniforms (both tops & bottoms) for students in grades K-6 must also be purchased from Global Schoolwear for performance purposes.* Uniform skirts & pants from other suppliers are acceptable for daily wear, but they must match the colors and styles of the Global Schoolwear uniforms.

The school week is broken up into three types of dress codes:

- Chapel Day: Dress Uniform
- Non-Chapel Days: Daily Uniform
- Friday: Defender Shirt Day

DRESS UNIFORMS (Worn every week for Chapel & for special school events)

K-3 Girls Chapel Uniform: All girls must wear the FCA logoed NAVY jumper and white oxford or peter pan blouse purchased from Global Schoolwear. Please make sure the jumper reaches the top of the knee. Standard daily uniform rules are to be followed for socks, shoes, accessories and outerwear.

K-3 Boys Chapel Uniform: All boys must wear the FCA logoed white oxford shirt and NAVY uniform pants purchased from Global Schoolwear. Boys in grades 1-3 must wear the uniform chapel tie purchased from the office. Ties are optional for kindergarten. Shirts are to be worn tucked in. Undershirts must be solid white; long-sleeve undershirts are NOT to be worn under short-sleeved shirts. Standard daily uniform rules are to be followed for socks, shoes, accessories and outerwear.

4-6 Girls Chapel Uniform: All girls must wear the FCA logoed white oxford blouse and GREY uniform skirt/skort purchased from Global Schoolwear. Shirts must be worn tucked in with a white camisole worn underneath as needed. Standard daily uniform rules are to be followed for socks, shoes, accessories and outerwear.

4-6 Boys Chapel Uniform: All boys must wear the FCA logoed white oxford shirt and GREY uniform pants purchased from Global Schoolwear. Boys must wear the uniform chapel tie purchased from the office. Shirts must be worn tucked in. A black belt is required. Undershirts must be solid white; long-sleeve undershirts are NOT to be worn under short-sleeved shirts. Standard daily uniform rules are to be followed for socks, shoes, belts, accessories and outerwear.

7-12 Girls Chapel Uniform: All girls must wear the FCA logoed white oxford shirt purchased from Global Schoolwear and a GREY or BLACK uniform skirt/skort. Shirts must be worn tucked in with a white camisole underneath as needed. Standard daily uniform rules are to be followed for socks, shoes, accessories and outerwear.

7-12 Boys Chapel Uniform: All boys must wear the FCA logoed white oxford shirt purchased from Global Schoolwear and GREY or BLACK uniform pants. Boys must wear a professional tie of choice or the uniform chapel tie purchased from the office. Belts are required. Undershirts must be solid white; long-sleeve undershirts are NOT to be worn under short-sleeved shirts. Standard daily uniform rules are to be followed socks, shoes, belts, accessories and outerwear.

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DAILY UNIFORMS (Worn on Non-Chapel Days)

K-12 Uniform Polos: All students must wear the uniform polo shirts purchased from Global Schoolwear with the **FCA logo**. Polo shirts should fit appropriately and not be baggy in appearance. Boys in grades 4-12 must wear polo shirts tucked in. Girls may wear polos untucked as long as they are neat in appearance and fit appropriately. Uniforms that no longer fit or that are damaged or discolored must be replaced. If worn, undershirts must be solid white; long-sleeve undershirts are not acceptable under short-sleeved shirts.

K-12 Uniform Bottoms: All students must wear khaki, navy, dark grey, or black traditional uniform pants or dress pants. Black or colored jeans are not acceptable for school. Pants must be worn above the hips and cover the ankle. Girls may also wear skirts or skorts falling to the top of the knee. Girls in grades K-6 only are also permitted to wear jumpers & polo dresses purchased from Global Schoolwear with the FCA logo. Leggings or undershorts are required to be worn under skirts, jumpers, and dresses. Belts must be solid black or brown and are required for all boys in grades 4-12. Belts are encouraged for girls wearing their shirts tucked in.

K-12 Outerwear: Students may wear uniform outerwear purchased from Global Schoolwear with the FCA logo *over their uniform tops*. Defender jackets purchased from the FCA Spirit Store are also acceptable over uniform tops. Other outerwear purchased from the FCA Spirit Store (including hoodies) may be worn **only on Fridays**.

K-6 Shoes & Socks: All students must wear tennis shoes or school uniform shoes with non-marking soles in order to protect our gym floor. Shoes must have a closed toe and closed heel. Slippers, boots, or sandals are not approved. Socks, tights & leggings must be solid white, black, navy, or grey. Please note that leggings may only be worn under dresses and skirts and should coordinate with the skirt.

7-12 Shoes & Socks: All students must wear business casual or dress shoes with their uniform. Shoes must be professional in style and be a neutral color (black, brown, navy) including laces. If you are unsure if a shoe is approved for the school uniform, please ask before purchasing. Shoes must have a closed toe and closed heel, and heels must be no higher than one and one-half inches. Boots and athletic shoes are not approved for school uniform. Socks, tights & leggings must also be solid neutral colors that coordinate with the uniform.

Girls Accessories: Accessories such as jewelry are permitted; however, they may not be excessive or a distraction. Jewelry in grades K-3 is limited to a single pair of matching stud earrings; no other jewelry may be worn. Girls in grades 4-12 with pierced ears may wear a maximum of two matching sets of earrings. Earrings should not exceed 1 inch in diameter or length. No other piercings or tattoos are permitted. No other jewelry may be worn except a ring on a finger, a watch, a bracelet or wristband, and a necklace. Choker necklaces are not permitted. Teachers reserve the right to ask a student to remove accessories or makeup should it be excessive or a distraction.

Boys Accessories: Accessories such as jewelry are permitted for boys in grades 4-12. Boys are not permitted to wear any jewelry except a ring on a finger, a watch, a wristband, and a chain tucked into the shirt. Wallet chains, choker chains, piercings, tattoos, makeup, and nail polish are also not permitted. Teachers reserve the right to ask a student to remove accessories should it be excessive or a distraction.

K-12 Hair Guidelines: All students must have natural hair colors and styles. Hair must be one natural color and must be neat and well-groomed. As determined by administration, extreme haircuts or unnatural colors are not acceptable. Boys' hair must be trimmed above the ear and shirt collar and may not hang down over the eyebrows. Facial hair is only permitted for boys in grades 11 & 12 and must be neatly trimmed. All students' hair must be to school code by the first day of school; athletes' hair must be to code by the first day of practice.

DEFENDER SHIRT DAY (Worn on Fridays only unless otherwise noted)

K-12 Defender Shirt Day: On Fridays only, students are permitted to wear official DEFENDER spirit wear tops & outerwear purchased from the FCA online Spirit Store including t-shirts, sweatshirts, and jackets along with uniform bottoms. Additionally, students on FCA athletic teams are permitted to wear their team jersey on Friday game days (sleeveless jerseys must be worn with a matching undershirt). No other tops may be worn except FCA polos. All tops must be neat in appearance and fit appropriately. All grades are also permitted to wear tennis shoes (no boots, crocs, or sandals) on Friday. Standard daily uniform rules are to be followed for uniform bottoms, outerwear and accessories.

ACTIVITY & PHYSICAL EDUCATION UNIFORMS

All students in Grades K-12 are required to purchase an FCA Activity uniform for school events and field trips. In addition, students in grades 4-12 taking Physical Education (PE) classes will be required to change into their activity uniform prior to PE class. Students taking PE in grades 4-12 are encouraged to have more than one activity uniform for hygiene purposes.

The FCA Activity uniform must be purchased from Global Schoolwear (FCA shorts are to be purchased from the office) and consists of the following:

- Red or grey FCA Activity T-shirt
- Black FCA shorts (must reach the top of the knee for boys & girls)
- FCA sweatshirt or hoodie
- FCA sweatpants (Students may also wear solid black sweatpants.)
- Tennis shoes with non-marking soles only; no crocs or slides.

DRESS DOWN DAYS & SPIRIT DAYS

Dress down days are scheduled periodically throughout the school year. These days are a privilege and should be treated as such. Acceptable clothing for dress down days includes:

- Any Defender Spirit Wear or FCA Activity Uniform
- Loose-fitting jeans, athletic pants, sweatpants, or khakis in good condition (no rips or holes)
- Loose-fitting athletic shorts that come to the top of the knee (no spandex)
- Appropriate t-shirts & sweatshirts (no inappropriate, political, or divisive slogans or pictures; no sleeveless tops or muscle shirts)
- Closed-toe and closed-heel casual or tennis shoes. Flip-flops, slides, crocs, and slippers are NOT acceptable.

Students may NOT wear pajama pants, leggings, or other tight-fitting or overly baggy clothing. If a student is out of dress code, parents will be called to bring a change of clothes. Students who repeatedly violate this code may lose their dress down privilege.

CHRISTMAS CONCERT ATTIRE

K-6 Girls Christmas Concert Attire: All students must wear either dressy holiday attire or the FCA chapel uniform. Girls should wear a Christmas dress or blouse with skirt; hemlines must come to the knee. Sweaters, wraps, or jackets, if worn, must be a dressy style - no outerwear or traditional "ugly sweaters". Dresses and shirts must have modest necklines and cover the shoulders - please no thin/spaghetti straps or see-through shoulders. All students must wear dress shoes. No boots, slippers, crocs, tennis shoes or other casual shoes should be worn. Please ensure that the dress shoes worn will not present a tripping hazard due to poor fit, high heels, etc. Socks or tights need to be solid colored and coordinate with the outfit. No hats or decorations should be worn.

K-6 Boys Christmas Concert Attire: All students should wear either dressy holiday attire or their FCA chapel uniform. Boys should wear a button-down collared shirt and tie with dress pants. Long ties or bow ties are both acceptable, and the addition of a vest or suit coat is permissible. No outerwear or traditional "ugly sweaters" are to be worn. All students must wear dress shoes. No boots, slippers, crocs, tennis shoes or other casual shoes should be worn. Please ensure that the dress shoes worn will not present a tripping hazard due to poor fit, high heels, etc. No hats or decorations should be worn.

FINE ARTS PERFORMANCE UNIFORMS

It is important that all students are wearing the exact uniform so that our group does not receive point deductions; therefore, all Fine Arts Performance uniforms for grades 1-6 MUST be purchased from Global Schoolwear. Students not wearing the correct uniform may not be able to participate in the performance.

Grades 1-3 Girls Fine Arts Performance Uniform:

- FCA Logoed *NAVY Jumper* purchased from Global Schoolwear (*Please make sure the jumper reaches the top of the knee.*)
- *White Pinpoint Oxford Blouse* or *Peter Pan Polo* purchased from Global Schoolwear
- Solid White Tights (please no patterns)
- Solid Black (including soles) Dress Flats or Mary Jane style shoes
- Red Hairbow (optional)
- FCA approved outerwear is permitted and will be removed for the performance.

Grades 1-3 Boys Fine Arts Performance Uniform:

- FCA Logoed *White Pinpoint Oxford Shirt* purchased from Global Schoolwear
- *NAVY Uniform Pants* purchased from Global Schoolwear
- Uniform Tie purchased from the office (*Please purchase a new tie if yours is damaged or stained.*)
- *All undershirts must be solid white; long-sleeve undershirts are NOT to be worn under short-sleeved shirts.*
- Solid Black Belt
- Solid Black Dress Socks
- Solid Black Dress Shoes (including soles and laces)
- FCA approved outerwear is permitted and will be removed for the performance.

Grades 4-6 Girls Fine Arts Performance Uniform:

- FCA logoed *white pinpoint oxford blouse*
- *GREY pleated uniform skirt/skort* purchased from Global Schoolwear. (*Please make sure the skirt reaches the top of the knee.*)
- Solid White Ankle Dress Socks
- Solid Black (including soles) Dress Flats or Mary Jane style shoes
- FCA approved outerwear is permitted and will be removed for the performance.

Grades 4-6 Boys Fine Arts Performance Uniform:

- FCA Logoed *White Pinpoint Oxford Shirt* purchased from Global Schoolwear
- *Grey Uniform Pants* purchased from Global Schoolwear
- Red Uniform Tie purchased from the office (*Please purchase a new tie if yours is damaged or stained.*)
- *All undershirts must be solid white; long-sleeve undershirts are NOT to be worn under short-sleeved shirts.*
- Solid Black Belt
- Solid Black Dress Socks
- Solid Black Dress Shoes (including soles and laces)
- FCA approved outerwear is permitted and will be removed for the performance.

7-12 Fine Arts Performance Uniform: All secondary students in FCA Fine Arts groups must purchase a formal uniform through the office. Students competing in other Fine Arts categories may also purchase the FCA formal uniform or may opt to wear similar clothing. (Ladies: all black floor length dress or skirt & blouse. Men: black dress pants & white dress shirt.) Students should take care of their formal uniforms so that they may be worn year to year. Uniforms that no longer fit or are damaged will be required to be replaced. Solid black dress shoes (including soles and laces) are required for performances.

ATHLETE ATTIRE GUIDELINES (Grades 6-12)

All athletes, both boys and girls, playing on an FCA sports team must adhere to the following guidelines. Athletes who repeatedly violate this code may lose their athlete privileges as determined by the athletic director and administration. **These guidelines exist to promote a sense of unity, purpose, and professionalism. It is our desire that our athletic teams look like a team!** While we understand that school standards may not be players' personal standards, we ask that all the FCA Family adhere to our guidelines regarding neatness and modesty whenever they are on school grounds or attending an FCA function.

TEAM UNIFORMS: Athletes are expected to maintain proper care of their uniform jersey and shorts. Uniforms should be washed regularly and hung up to dry. Please do not put team uniforms in the dryer. At the conclusion of the season, all uniforms are to be washed and returned to the coach or athletic director in a timely manner.

HAIR POLICY: Athletes must have natural hair colors and styles. Hairstyles for both boys and girls should be one natural color and be neat and well-groomed; extreme hairstyles or unnatural colors are not acceptable. Boys' hair must be trimmed above the ear and shirt collar and may not hang down over the eyebrows. Facial hair is only permitted for boys in grades 11 & 12 and must be neatly trimmed. Girls should wear their hair tied back for practices and games. *All athletes' hair must be to code by the first day of practice. Athletes with hair out of compliance will not be permitted to play in games.*

PRACTICE DRESS CODE: Family friendly athletic wear

- Shirts must not be tight, ripped, or display any inappropriate, political, or divisive slogans or pictures. No tank tops or muscle shirts.
- Shorts must be loose-fitting and should reach the top of the knee for both boys and girls with a minimum 7-9 inch inseam. FCA activity uniform shorts are acceptable. Please refrain from excessive rolling or tucking of shorts.
- No jewelry is permitted.

GAME DRESS CODE: FCA issued jersey & shorts; Defender warm-ups

- The goal is to look like a team at all times.
- All athletes should wear their FCA team uniform jersey & shorts to and from games. Defender warm-up pants or solid athletic pants in FCA colors are also recommended. *No pajama wear or loungewear is permitted.* Remember, we want to look like a team!
- Team jerseys should be worn tucked in during games. Undershirts should be worn at the discretion of the coach and should be the same color as the jersey.
- Team shorts should reach the top of the knee. Please refrain from excessive rolling or tucking of shorts.
- Compression shorts and sleeves must be solid white or black.
- After any game, all players should leave on their uniform jersey or team shirt.
- Crocs, slides or sneakers should be worn at all times. Cleats are not permitted to be worn inside buildings.
- No jewelry of any kind is permitted.

*Athletes consistently out of dress code may lose the privilege to participate in FCA athletics.

HOMESCHOOL STUDENT ATTIRE GUIDELINES

All homeschool umbrella students must be in the appropriate FCA school uniform when participating in school sponsored events, both on and off campus. **Homeschool students should plan to purchase at least one school uniform and one activity uniform.** Please be sure to check the dress guidelines of an event before attending. Students who repeatedly violate dress code may lose their privilege to attend school events at the discretion of the administration. While we understand that school standards may not be students' personal standards, we ask that all the FCA Family adhere to our guidelines regarding modesty whenever they are on school grounds or attending an FCA function.

FCA Classes & Chapel: Homeschool students must wear the FCA uniform when participating in classes or chapel. A complete list of uniform requirements by grade can be found in the *FCA Uniform Policy*. Pants and skirts must follow the *FCA Uniform Policy* in color, fit, style, and length. All skirts must reach the top of the knee.

FCA Field Trips & Events: Homeschool students must wear the FCA activity uniform unless otherwise noted for all field trips and events, both on and off campus. Only Defender shorts, t-shirts, sweatshirts, and sweatpants are permitted. Solid black athletic pants may also be worn.

FCA Fine Arts & Special Performances: Homeschool students participating in FCA music and production groups will be required to purchase the appropriate uniform. Elementary students will be required to purchase the Fine Arts uniform through Global Schoolwear. Secondary performance uniforms may be purchased through the school office or fine arts director.

Picture Day: Homeschool students participating in individual school pictures must adhere to the FCA dress code guidelines and should be professional, modest, and neat in appearance. Clothing that is tattered, tight, or unkept is not acceptable. In addition, all clothing must reach the top of the knee for both boys & girls.

FCA Athletic Teams: Homeschool students participating in FCA athletics must adhere to the *FCA Athlete Attire Guidelines*. Students who repeatedly violate this code may lose their athlete privileges as determined by the athletic director and administration.

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WHERE CAN I BUY THE FCA UNIFORMS?

GLOBAL SCHOOLWEAR: All required uniforms may be purchased through Global Schoolwear. Polos, jumpers, dresses, outerwear, & chapel uniforms MUST be purchased through the *FCA Global Schoolwear store* and MUST have the FCA logo. We recommend that you visit www.globalschoolwear.com/emailsSignup to join the email list so you won't miss out on any special promotions or announcements. For help with sizing or returns, please contact customer service at 1.877.825.2860.

PRINT YOUR CAUSE: Defender Spirit Wear is optional and may be purchased through our *DEFENDER ONLINE STORE*. **Orders made through Print Your Cause are NOT able to be returned.** You may contact customer service at 1.800.970.9005 for questions or help with sizing.

Visit FCA's Uniform store here:

<https://www.globalschoolwear.com/GSWSearch?schoolCode=FRED01&gradeCode=FIRSTGR&genderCode=BOYS&programCode=DAILY&IsRemove=False&IsRemoveAll=False>

In addition to Global Schoolwear, the following items may be purchased for daily uniform attire.

Boys:

- Chino Pants: https://www.landsend.com/products/school-uniform-boys-iron-knee-blend-plain-front-chino-pants/id_364129?attributes=2375,43307,43323,45133,48354,52957
- Twill Pants: <https://www.frenchtoast.com/adjustable-waist-pant-modern-fit-boys-4-7/p/1519?>
- Moisture Wicking Active Pants: https://www.landsend.com/products/school-uniform-boys-iron-knee-active-chino-pants/id_364695?attributes=12323,43307,43323,43385,44258,45133,52957

Girls:

- Chino Pants: https://www.landsend.com/products/school-uniform-girls-iron-knee-blend-plain-front-chino-pants/id_364128?attributes=1242,43307,43323,45133,48354,52957
- Twill Pants: <https://www.frenchtoast.com/straight-leg-twill-pant-girls-4-6x/p/1573?>
- Box Pleat Skirt: https://www.landsend.com/products/school-uniform-girls-box-pleat-skirt-below-the-knee/id_364650?attributes=2684,43323,45133,52957
- Ponte Pleat Skirt: https://www.landsend.com/products/school-uniform-girls-ponte-pleat-skirt-at-the-knee/id_364651?attributes=12323,43307,43323,43388,44257,45133,52957
- Chino Skort: https://www.landsend.com/products/school-uniform-girls-blend-chino-skort-top-of-knee/id_364632?attributes=1242,43307,43323,43388,44257,45133,48354,52957

Men:

- Chino Pants: https://www.landsend.com/products/mens-blend-plain-front-chino-pants/id_184016?attributes=2375,44967
- Twill Pants: <https://www.frenchtoast.com/adjustable-waist-pant-modern-fit-boys-4-7/p/1519?>
- Moisture Wicking Active Pants: https://www.landsend.com/products/school-uniform-boys-iron-knee-active-chino-pants/id_364695?attributes=12323,43307,43323,43385,44258,45133,52957

Women:

- Chino Pants: https://www.landsend.com/products/school-uniform-girls-iron-knee-blend-plain-front-chino-pants/id_364128?attributes=1242,43307,43323,45133,48354,52957
- Twill Pants: <https://www.frenchtoast.com/straight-leg-twill-pant-girls-4-6x/p/1573?>
- Dress Pants: https://www.landsend.com/products/school-uniform-girls-plain-front-dress-pants/id_364649?attributes=2684,43307,43323,43385,44256,45133,52957
- Box Pleat Skirt: https://www.landsend.com/products/school-uniform-girls-box-pleat-skirt-below-the-knee/id_364650?attributes=2684,43323,45133,52957
- Ponte Pleat Skirt: https://www.landsend.com/products/school-uniform-girls-ponte-pleat-skirt-at-the-knee/id_364651?attributes=12323,43307,43323,43388,44257,45133,52957
- Chino Skort: https://www.landsend.com/products/school-uniform-girls-blend-chino-skort-top-of-knee/id_364632?attributes=1242,43307,43323,43388,44257,45133,48354,52957

FCA Athlete Practice Shorts:

- Co-Ed Athletic Shorts: <https://www.frenchtoast.com/co-ed-closed-mesh-short/p/1682?>